

Personal Construct Perspectives on Psychological Disorder and Therapy

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1. Psychological Disorder

Kelly's view of psychological disorder will be reviewed and extended. Examples will be provided of the formulation of particular clinical problems in personal construct terms, the derivation of personal construct psychotherapeutic interventions from these formulations, and the empirical evaluation of such formulations and interventions.

2. The Process of Personal Construct Psychotherapy

The processes that characterise successful therapy will be discussed, as will those that are associated with resistance and with negative effects of therapy.

3. Personal Construct Assessment Techniques in Therapy and in its Evaluation

With particular reference to the repertory grid, examples will be provided of how therapy may be facilitated by the use of personal construct assessment techniques. The use of the grid as a psychotherapy research measure will also be reviewed.

4. Personal Construct Group Psychotherapy

Approaches to personal construct group therapy will be reviewed and illustrated.

5. Personal Construct and Cognitive Therapies

The similarities and contrasts between personal construct and cognitive therapies will be considered, and relevant research evidence will be presented.

6. The Evidence Base for Personal Construct Psychotherapy

The notion of empirical validation of psychotherapy will be considered, and the evidence base for personal construct psychotherapy will be reviewed.

7. Personal Styles in Psychological Therapy

Research findings will be presented on the relationship between clients' and therapists' personal styles and their preferences and responses for different models of psychological therapy.

8. The Limits of Credulity

The limits to the credulous approach will be explored and illustrated.